

# MAKING ROOM THIS LENT

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*"THROUGH OUR ANNUAL LENTEN OBSERVANCE, LORD, DEEPEN  
OUR UNDERSTANDING OF THE MYSTERY OF CHRIST AND MAKE IT  
A REALITY IN THE CONDUCT OF OUR LIVES."*

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**IN MY SOUL**  
(PRAYER & SILENCE)

**IN MY BODY**  
(FASTING & PENANCE)

**IN MY RESOURCES**  
(ALMSGIVING)